



**Humble Christian School  
16202 Old Humble Road  
Humble, TX 77396  
281-441-1313**

April 29, 2009

Dear Parents,

Humble Christian School is monitoring the current Swine Flu situation. There are no suspected cases at HCS at this time. We are encouraging our staff to remind students of the need for frequent hand washing as well as reviewing etiquette for coughing and sneezing. Students, parents, and staff are encouraged to check with our nurse if they have any concerns or symptoms.

As an entire school body we will be spending additional time disinfecting the nurse's office, door knobs, student desks, cafeteria tables, etc. We are taking precautions to ensure that the school environment is a safe place. In the event HCS has a confirmed case we will then notify parents via RenWeb and by sending letters home. For more information about the Swine Flu please see the following:

### **Flu Prevention Information**

Influenza is thought to spread person-to-person through coughing or sneezing of infected people. There are actions you can do to prevent getting and spreading influenza:

- \* Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- \* Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hand cleaners are also effective.
- \* Cough or sneeze into your elbow.
- \* Try to avoid close contact with sick people.
- \* Stay home from work or school if you feel sick and limit contact with others to keep from infecting them.

### **Symptoms**

Fever – temperature over 101, body aches, runny nose, sore throat, nausea, vomiting or diarrhea.

### **Websites with more information**

<http://www.dshs.state.tx.us/swineflu/default.shtm>

<http://www.cdc.gov/swineflu/>

<http://www.cdc.gov/swineflu/investigation.htm>

As always, feel free to call to give us a call with any questions or concerns.

In Christ,

The Administration